

# iMedix: Your Personal Health Advisor.

## Utopic Cream

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## Description

Side Effects Burning, itching, stinging, redness, or irritation may occur. If any of these effects last or get worse, tell your doctor or pharmacist promptly. Remember that this medication has been prescribed because your doctor has judged that the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects. Tell your doctor right away if you have any serious side effects, including: unusual changes in the skin (such as blistering, peeling), signs of skin infection. A very serious allergic reaction to this drug is rare. However, get medical help right away if you notice any symptoms of a serious allergic reaction, including: rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing. This is not a complete list of possible side effects. If you notice other effects not listed above, contact your doctor or pharmacist. In the US – Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088 or at [www.fda.gov/medwatch](http://www.fda.gov/medwatch). In Canada – Call your doctor for medical advice about side effects. You may report side effects to Health Canada at 1-866-234-2345. How long does it take for this medicine to take effect? The onset of action for Utopic Cream can vary depending on the condition being treated, the concentration of urea, and individual patient factors. Improvement in skin hydration may be noticed within hours of application, but the full keratolytic and emollient effects, such as the reduction of scaling or softening of thickened skin, may take several days to weeks of regular use to become apparent. How long do the effects of this medicine last? The duration of the effects of Utopic Cream is sustained with regular application. Continuous use is often necessary to maintain skin hydration and to prevent the reaccumulation of dry, scaly, or thickened skin. The effects last as long as the product is used consistently as directed by a healthcare provider. Is it safe to consume alcohol while taking this medicine? There are no known direct interactions between systemic alcohol consumption and the topical application of Utopic Cream. However, alcohol can have dehydrating effects on the body, including the skin, which may counteract the hydrating effects of urea cream. Is this a habit forming medicine? Utopic Cream is not habit-forming. It does not contain any substances that lead to physical or psychological dependence. It is used for its beneficial effects on the skin and does not produce euphoria or any psychoactive effects. Can this medicine be taken during pregnancy? Utopic Cream is generally considered safe for use during pregnancy. Urea is a naturally occurring substance in the body, and topical application results in minimal systemic absorption. However, as with all medications during pregnancy, it should be used under the guidance of a healthcare provider, especially during the first trimester or if used in high concentrations over large areas of the body. Can this medicine be taken while breast-feeding? Given the

minimal systemic absorption of urea from topical application, Utopic Cream is likely safe during breastfeeding. However, it is advisable to avoid applying the cream on or near the breast area to prevent the infant from ingesting it. Nursing mothers should consult with a healthcare provider before using any topical medication to ensure safety. Urea is used to treat dry/rough skin conditions (such as eczema, psoriasis, corns, callus) and some nail problems (such as ingrown nails). It may also be used to help remove dead tissue in some wounds to help wound healing. Urea is known as a keratolytic. It increases moisture in the skin by softening/dissolving the horny substance (keratin) holding the top layer of skin cells together. This effect helps the dead skin cells fall off and helps the skin keep more water in.

**How to use Utopic Cream** Use this product as directed. Follow all directions on the product package and prescription label. If you have any questions, ask your doctor or pharmacist. Some products need to be shaken well before use. Check the label to see whether you should shake the bottle. Apply to the affected areas of the skin/nails as directed by your doctor, usually 1 to 3 times a day. Rub in well until absorbed. Wash your hands after applying unless you are treating the hands. How often you apply the medication will depend on the product and your skin condition. Apply to the skin/nails only. Avoid sensitive areas such as your eyes, lips, inside your mouth/nose, and the vaginal/groin area, unless your doctor directs you otherwise. Ask your doctor or check the label for directions about any areas or types of skin where you should not apply the product (such as the face, broken/chapped/cut/irritated/scraped skin, or recently shaved skin). Ask your doctor if you should cover the treated area with a bandage or gauze. Consult your doctor or pharmacist for more details. Use this medication regularly to get the most benefit from it. Tell your doctor if your condition lasts or gets worse.

**Precautions** Before using this medication, tell your doctor or pharmacist if you are allergic to it; or if you have any other allergies. This product may contain inactive ingredients, which can cause allergic reactions or other problems. Talk to your pharmacist for more details. Before using this medication, tell your doctor or pharmacist your medical history, especially of: skin cuts/infections/sores. Some products may make you more sensitive to the sun. Check the label for any warnings or ask your doctor or pharmacist whether you need to take any special precautions when in the sun. Your doctor/pharmacist may suggest that you limit your time in the sun, avoid tanning booths and sunlamps, and use sunscreen and wear protective clothing when outdoors. Tell your doctor right away if you get sunburned or have skin blisters/redness. Some products may stain/discolor clothing. Ask your doctor or pharmacist for more details. During pregnancy, this medication should be used only when clearly needed. Discuss the risks and benefits with your doctor. It is unknown if drug passes into breast milk. Consult your doctor before breast-feeding, especially if you are applying this product to the breast area.

**Overdose** This medicine may be harmful if swallowed. If someone has overdosed and has serious symptoms such as passing out or trouble breathing, call 911. Otherwise, call a poison control center right away. US residents can call their local poison control center at 1-800-222-1222. Canada residents can call a provincial poison control center. Do not share this medication with others. This medication has been prescribed for your current condition only. Do not use it later for another condition unless told to do so by your doctor. A different medication may be necessary in that case. If you miss a dose, use it as soon as you remember. If it is near the time of the next dose, skip the missed dose. Use your next dose at the regular time. Do not use more of this product or use it more often to catch up. Store at room temperature. Do not freeze. Store foam product away from heat and open flame. Because the contents of the foam canister are under pressure, do not puncture or burn the container. Keep all medications away from children and pets. Do not flush medications down the toilet or pour them into a drain unless instructed to do so. Properly discard this product when it is expired or no longer needed. Consult your pharmacist or local waste disposal company.

**Interactions** Drug interactions may change how your medications work or increase your risk for serious side effects. This document does not contain all possible drug interactions. Keep a list of all the products you use (including prescription/nonprescription drugs and herbal products) and share it with your doctor and pharmacist. Do not start, stop, or change the dosage of any medicines without your doctor's approval.

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## Side Effects

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## Uses

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## Interactions

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## Other Details

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