

# iMedix: Your Personal Health Advisor.

## 7-ALPHA-HYDROXY-DHEA

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Search for medical details concerning 7-ALPHA-HYDROXY-DHEA on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
  - **DosageForm:**
  - **Dosage:**
  - **Indications:**
  - **Manufacturer:**
  - **Storage:**
  - **Market Price:**
  - **Drug Status:**
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### Description

**Uses & Effectiveness** We currently have no information for 7-ALPHA-HYDROXY-DHEA overview. **Overview** 7-alpha-hydroxy-DHEA is a by-product of dehydroepiandrosterone (DHEA) that is made in the body. DHEA is a “parent” hormone made by glands near the kidneys. 7-alpha-hydroxy-DHEA levels in the body get lower with age, so there’s interest in using supplements to slow aging. 7-alpha-hydroxy-DHEA might also stimulate the immune system and might act like an antioxidant. People take 7-alpha-hydroxy-DHEA for aging, obesity, muscle strength, and many other purposes, but there is no good scientific evidence to support these uses. This chemical is also banned by the World Anti-Doping Agency (WADA). Don’t confuse 7-alpha-hydroxy-DHEA with 7-beta-hydroxy-DHEA, 7-keto-DHEA, or DHEA. These are not the same. 7-Alpha-Hydroxy-DHEA is not actually a vitamin, but a hormone precursor. It is produced naturally by the adrenal glands and has been studied for its potential anti-aging and weight loss effects. However, scientific evidence supporting its effectiveness is limited, and more research is needed to fully understand its benefits and risks. **Side Effects** When taken by mouth: There isn’t enough reliable information to know if 7-alpha-hydroxy-DHEA is safe or what the side effects might be. **Interactions** We currently have no information for 7-ALPHA-HYDROXY-DHEA overview. **Special Precautions and Warnings** When taken by mouth: There isn’t enough reliable information to know if 7-alpha-hydroxy-DHEA is safe or what the side effects might be. **Pregnancy and breast-feeding:** There isn’t enough reliable information to know if 7-alpha-hydroxy-DHEA is safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use. **Dosing** There isn’t enough reliable information to know what an appropriate dose of 7-alpha-hydroxy-DHEA might be. Keep in mind that natural products are not always necessarily safe, and dosages can be important. Be sure to follow relevant directions on product labels and consult a healthcare professional before using.

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### Side Effects

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## Uses

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## Interactions

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## Other Details

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