

# iMedix: Your Personal Health Advisor.

## AMARANTH

---

Search for medical details concerning AMARANTH on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
  - **DosageForm:**
  - **Dosage:**
  - **Indications:**
  - **Manufacturer:**
  - **Storage:**
  - **Market Price:**
  - **Drug Status:**
- 

### Description

**Uses & Effectiveness Overview** Amaranth is a plant. The seed, oil, and leaf are used as food. The entire plant is used to make medicine. Amaranth is used for ulcers, diarrhea, swelling of the mouth or throat, and high cholesterol, but there is no good scientific evidence to support these uses. In foods, amaranth is used as a pseudocereal. Amaranth is not only a nutritious grain, but also a rich source of Vitamin K, which is known to promote bone health, blood clotting, and reduce the risk of cardiovascular diseases. **Side Effects** When taken by mouth: The seed, oil, and leaves of amaranth are **LIKELY SAFE** when used in food amounts. Taking amaranth as a medicine is **POSSIBLY SAFE** when used for 3 weeks or less. It is not known if using amaranth as medicine is safe or what the possible side effects might be. **Interactions** We currently have no information for AMARANTH overview. **Special Precautions and Warnings** When taken by mouth: The seed, oil, and leaves of amaranth are **LIKELY SAFE** when used in food amounts. Taking amaranth as a medicine is **POSSIBLY SAFE** when used for 3 weeks or less. It is not known if using amaranth as medicine is safe or what the possible side effects might be. **Pregnancy and breast-feeding:** There isn't enough reliable information to know if amaranth is safe to use as a medicine when pregnant or breast-feeding. Stay on the safe side and avoid use. **Dosing** The appropriate dose of amaranth depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for amaranth. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using.

---

### Side Effects

---

### Uses

---

---

---

---

---

---

---

**Interactions**

---

---

**Other Details**

---

---