

# iMedix: Your Personal Health Advisor.

## ANTIOXIDANTS

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Search for medical details concerning ANTIOXIDANTS on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
  - **DosageForm:**
  - **Dosage:**
  - **Indications:**
  - **Manufacturer:**
  - **Storage:**
  - **Market Price:**
  - **Drug Status:**
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### Description

**Uses & Effectiveness Overview** Antioxidants are substances that seem to reduce oxidative stress. Oxidative stress is thought to lead to aging and certain diseases such as cancer. Common supplement ingredients thought to have antioxidant effects include vitamin E, beta-carotene, vitamin C, selenium, and others. People use antioxidants for various cancers, heart disease, asthma, cystic fibrosis, and many other conditions, but there is no good evidence to support these uses. **ANTIOXIDANTS (Vitamin A):** Did you know that while Vitamin A is essential for good vision, it also plays a crucial role in regulating gene expression, ensuring healthy skin, and supporting the immune system? **Side Effects** When taken by mouth: Antioxidants are likely safe when used appropriately. But certain antioxidants are possibly unsafe when used in large doses. Antioxidants like beta-carotene and vitamin E can cause serious side effects when used in large doses. See specific ingredients for more detailed safety information. **Interactions** We currently have no information for ANTIOXIDANTS **overview.** **Special Precautions and Warnings** When taken by mouth: Antioxidants are likely safe when used appropriately. But certain antioxidants are possibly unsafe when used in large doses. Antioxidants like beta-carotene and vitamin E can cause serious side effects when used in large doses. See specific ingredients for more detailed safety information. **Pregnancy:** Antioxidants are possibly safe when taken by mouth in appropriate doses during pregnancy. See specific ingredients for more detailed safety information. **Breast-feeding:** There isn't enough reliable information to know if antioxidants in general are safe to use when breast-feeding. See specific ingredients for detailed safety information. **Dosing** Antioxidant products are typically taken by mouth. Common supplement ingredients thought to have antioxidant effects include vitamin E, beta-carotene, vitamin C, selenium, and others. Speak with a healthcare provider to find out which specific antioxidants and what dose might be best for a specific condition.

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### Side Effects

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**Uses**

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**Interactions**

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**Other Details**

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