

iMedix: Your Personal Health Advisor.

Avana® (Avanafil)

Avana is an oral medication featuring avanafil, a phosphodiesterase type 5 (PDE5) inhibitor noted for its relatively rapid onset of action, designed to help adult men achieve and sustain an erection suitable for sexual activity upon sexual stimulation.

- **ActiveIngredient:** Avanafil
 - **DosageForm:** Oral tablet
 - **Dosage:** 50mg, 100mg, and 200mg
 - **Indications:** Erectile dysfunction
 - **Manufacturer:** Manufacturing source varies
 - **Storage:** Store at controlled room temperature, generally between 20°C to 25°C (68°F to 77°F), with excursions permitted to 15-30°C (59-86°F). Keep away from moisture and heat.
 - **Market Price:** 3.06
 - **Drug Status:** Prescription Only
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Description

General information Many men face the problem of erectile dysfunction. In the case when it is not solved in a timely manner, problems may affect the sexual relationship. After all, the impossibility of persistent, long-lasting erection entails self-doubt, often depression, and partner dissatisfaction negatively affects communication between loved ones. Fortunately, modern pharmacological remedies can successfully solve the problems arising in the sexual sphere. Avana (active agent – Avanafil) is a type of medicine that aims to treat erectile dysfunction. The drug contains the same active ingredient in different dosages (50, 100, 200 mg). Auxiliary components of the medicine are lactose, starch, sodium chloride and other substances. Thanks to modern production technologies, it has practically no adverse effects on the body. The action of the product is much more effective than similar in composition medicines. Once in the body, the remedy is very quickly absorbed and gives the result in 15 minutes. This speed makes the medicine one of the fastest, which is convenient for men who are not willing to wait long. Sometimes the manifestation of the product action may be slowed by some factors, including its individual intolerance or concomitant administration with other substances. Before release for sale the drug has been specially tested. For this, men who have had various problems in their sexual life were selected and divided into groups. Each group of men has been offered a different amount of the remedy. It is impossible to leave aside the fact that even men who had sexual problems for quite a long time and even underwent special courses of treatment took part in the experiment. According to the research it turned out that 80% of men felt the effect of taking this pharmaceutical product. In addition, it has some advantages compared with other drugs for the treatment of erectile dysfunction, namely: Fulminant effect, despite the fact that the medication is available exclusively in the form of tablets. Once sexually stimulated a strong and stable erection occurs as early as 15–20 minutes after taking the medicine. In particularly neglected cases (with progressive impotence), the result appears in half an hour; Long lasting effect. The action of the tablet continues for 6-8 hours, during this time you can perform a few sexual acts and enjoy intimacy; Gentle action. The substance is well tolerated by most men, its use does not inhibit mental or physical activity, and there is no effect on the nervous system. Numerous studies and reviews of Avanafil confirm that, in most cases, its intake does not lead to a deterioration of well-being, and the agent is rapidly excreted from the body; Minor side effects. Occasionally, particularly sensitive men may experience discomfort, such as dizziness, weakness, headache, which quickly and completely disappear. The

possibility of a moderate intake of alcohol (up to 3 servings). It is not recommended to drink more in order to prevent an increase or decrease in blood pressure. Despite being well tolerated, any drugs based on Avanafil have some contraindications; their use is incompatible with nitrate-containing agents. Before purchasing, you should consult with your urologist, study in detail the recommendations listed below and read the detailed instructions for the preparation. What is Avana? Avana is a medication containing avanafil, a phosphodiesterase type 5 inhibitor, used to treat erectile dysfunction (ED) in men. It helps to increase blood flow to the penis during sexual stimulation, aiding in achieving and maintaining an erection. How does Avana work? Avana works by inhibiting the PDE5 enzyme, which is responsible for the degradation of cGMP in the corpus cavernosum. Increased cGMP levels lead to smooth muscle relaxation, allowing more blood flow into the penis, and helping to achieve an erection. How should Avana be taken? Avana should be taken orally, as needed, about 30 minutes before sexual activity. Follow the dosage prescribed by your healthcare provider, and do not take more than once a day. What are the side effects of Avana? Common side effects of Avana include headache, flushing, nasal congestion, and back pain. Rare but serious side effects can include vision changes, hearing loss, and priapism (a prolonged, painful erection). Can Avana be taken with alcohol? Consuming alcohol while taking Avana may increase certain side effects and can reduce the effectiveness of the medication. It's advisable to limit or avoid alcohol when using this treatment. Is Avana suitable for all men with ED? Avana may not be suitable for everyone. Men with certain health conditions, especially heart problems, or those taking certain medications should consult with their healthcare provider before using Avana. How quickly does Avana work? The onset of action for Avana can be as fast as 15 minutes, though it may vary from person to person. It's generally recommended to take it about 30 minutes before sexual activity. How long does the effect of Avana last? The effects of Avana can last for approximately 6 hours, but this can vary depending on individual factors such as age, metabolism, and overall health. Does Avana need a prescription? Yes, Avana is a prescription medication. It's important to have a consultation with a healthcare provider to ensure that it's safe and appropriate for your specific health needs. How should Avana be stored? Store Avana at room temperature, away from moisture and heat, and out of reach of children and pets. Keep the medication in its original container. Precautions The drug should not be administered by children, women and patients taking medicines containing nitrates. In addition, it should be remembered that this pill is contraindicated for use by persons who have problems with the cardiovascular system, with chronic diseases of the liver and kidneys, sensitive to the components containing the drug. The presence of any of the listed contraindications should be reported to your doctor. If you have heart problems, then you should not take the risk of taking this remedy, as it can trigger a stroke or heart attack. Also a contraindication is the tendency to increased blood pressure. Furthermore, contraindications include taking antibiotics and medications containing nitrogen; stomach disorders and ulcers; recent stroke or heart attack. This preparation is allowed to men from 18 years. Follow the recommendations and admission schedule specified in the instructions. Dosage The standard dosage is 100 mg, but initially the dose can be reduced to 50 mg. This is especially true for men over 65 years. And in case of insufficient effect, after consulting a doctor, the dosage can be increased to 200 mg. Exceed this rate is strictly prohibited, as this may lead to side effects development. How to take A tablet should be swallowed in whole and washed down with plenty of water. Do not use more than one tablet per day. Meal and its fatness do not affect the effect of the medicine, which is an undoubted advantage. Tablets can be taken every day, as Avanafil is not addictive. The drug is perfectly absorbed by the body, which reduces the load on the body. According to numerous clinical trials, the medication is effective during six hours. During this time, the man does not experience any difficulties with erection and can freely engage in sexual intercourse. Sometimes the specified period may be extended. The action of Avanafil while soft and natural stimulation of the sexual organ occurs in 15-20 minutes and lasts for 5-8 hours (the time interval depends on the individual characteristics of the man). The medicine can be taken after a hearty dinner, including fatty foods. A joint meal in combination with the action of this remedy will help a man to relax and get maximum pleasure from sexual contact. Side-effects Adverse reactions from the use of this agent are minor and occur in very rare cases. The most common side effects of Avanafil include headaches, reddening of the skin of the face, runny nose and nasal congestion, back pains, tingling and heat flushes in the chest area. The frequent effects that occur in various forms in less than 10% of cases include: hypertension, skin rash, nausea, diarrhea, back pain. More complex forms of reactions in various systems of the body range from 0.1 to 1% of cases. A separate category of men may experience premature ejaculation. Also, patients sometimes complain of insomnia, reduced vision and the

appearance of some hearing problems. The listed negative effects of using Avanafil may increase in the heart disease sufferers, diabetics, at alcohol intoxication, during heat, or after taking other medications. Overdose The daily dose should not exceed 200 mg. It is not recommended to use more than 1 tablet every 24 hours. When using dosages that exceed the recommended ones, unpleasant adverse reactions may occur. Overdose can significantly increase the side effects of the drug. Exceeding of 100 mg can lead to an increase in the frequency and strength of undesirable reactions, such as: headache allergic rash digestive disorders numbness of the limbs difficulty breathing swelling of the face prolonged painful erection In such cases, you must seek medical aid immediately. Interactions You cannot combine Avanafil with remedies containing nitrates, as this can lead to disruption of the heart and trigger a stroke. The possibility of taking pills containing Avanafil against the necessity of treatment with such medicines as: inhibitors; antifungal drugs; antibiotics; alpha blockers; drugs to reduce blood pressure must be agreed with the attending physician without fail. Doctors do not allow the combined use of the described active agent and any phosphodiesterase inhibitors to restore erection. In case of violation of the pill intake, side effects can be even lethal. In most cases, additional stimulation is not necessary, since the medication is quite potent. Alcohol interaction Alcohol and agents of the group of PDE-5 inhibitors, including Avana, dilate blood vessels. Therefore, a little alcohol portion is absolutely acceptable together with Avana. At the same time it ought to be mentioned that significant alcohol consumption (more than three glasses of wine or 300 gr of vodka) in combination with Avana can result in increased heart rate, lower blood pressure, dizziness and headache. Reviews This is a relatively new product, but it already has its fans, as can be seen from the reviews of both attending physicians and patients presented below: Urologist: Problems with potency often arise due to poor blood supply to the pelvic organs, including the penis which is filled with inadequate portion of the blood. That is why some men complain of weak penis and insufficient erection. For a long time there are a number of preparations that can help with these problems. One of them is Avana. This agent has several advantages over even more popular pills treating sexual dysfunction. I distinguish two main ones: speed and almost complete independence to food intake. For many, a big plus will be the fact that it is possible to drink alcohol with the medicine. Sexologist: This product has proven itself and proved its viability in the treatment of impotence and violation of other sexual functions. When prescribing I consider that it is necessary to begin treatment with a daily dose of 50 mg. After a 4-time series, you can increase the dosage, if there are no side effects or you are not satisfied with the result. Patients say that Avanafil maintains a normal erection for 4-6 hours and almost does not cause unacceptable reactions of the body. But it should be said that it is highly undesirable to use it at the age under 20 years and to use it in a state of severe intoxication. The pills should be out of the reach of children, as they can have unpredictable effects on the minor. Sergio: I buy Avana not the first time. The action of the pills is amazing. Act quickly and efficiently, very pleased with the quality. I have never experienced any side effects. Tom: I recently bought these pills. Before that, for a year, I took pills containing another active ingredient. The doctor recommended starting with a dose of 50 mg. But this was not enough. I did not get the expected effect. After that the doctor allowed to increase the dosage to 100 mg per day. Despite the fact that I experienced one of the described side effects, I was pleased with the drug. Two days after taking the medication, the side effects stopped.

Side Effects

Uses

Interactions

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Other Details
