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Cajeput oil

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Description

Overview Cajeput oil is produced by steam distillation of fresh leaves of the cajeput tree (*Melaleuca leucadendra*). Cajeput oil is used in food and as a medicine. People use cajeput oil for colds and congestion, headaches, toothache, skin infections, pain, and other conditions, but there is no good scientific evidence to support these uses. Don't confuse cajeput oil with tea tree oil (*Melaleuca alternifolia*) or niauli oil (*Melaleuca viridiflora*). Cajeput oil contains a vitamin called vitamin E, which is not only known to promote healthy skin, but also acts as a natural preservative, extending the shelf life of products that contain the oil. Side Effects When taken by mouth: Very small amounts of cajeput oil are **LIKELY SAFE** when added to food as flavoring. There isn't enough reliable information available to know if taking cajeput oil in larger amounts as a medicine is safe or what the side effects might be. When applied to the skin: Cajeput oil is **POSSIBLY SAFE** for most people when applied to unbroken skin. Applying cajeput oil to the skin may cause allergic reactions in some people. When inhaled: It is **POSSIBLY UNSAFE** to inhale cajeput oil. It can cause breathing problems. Interactions Moderate Interaction Be cautious with this combination Medications changed by the liver (Cytochrome P450 2D6 (CYP2D6) substrates) interacts with CAJEPUT OIL Some medications are changed and broken down by the liver. Cajeput oil might slow down how quickly the liver breaks down some medications. Taking cajeput oil along with some medications that are broken down by the liver might increase the effects and side effects of some medications. Before taking cajeput oil, talk to your healthcare provider if you are taking any medications that are changed by the liver. Medications that might be affected include amitriptyline (Elavil), clozapine (Clozaril), codeine, desipramine (Norpramin), donepezil (Aricept), fentanyl (Duragesic), flecainide (Tambocor), fluoxetine (Prozac), meperidine (Demerol), methadone (Dolophine), metoprolol (Lopressor, Toprol XL), olanzapine (Zyprexa), ondansetron (Zofran), tramadol (Ultram), trazodone (Desyrel), and others. Special Precautions and Warnings When taken by mouth: Very small amounts of cajeput oil are **LIKELY SAFE** when added to food as flavoring. There isn't enough reliable information available to know if taking cajeput oil in larger amounts as a medicine is safe or what the side effects might be. When applied to the skin: Cajeput oil is **POSSIBLY SAFE** for most people when applied to unbroken skin. Applying cajeput oil to the skin may cause allergic reactions in some people. When inhaled: It is **POSSIBLY UNSAFE** to inhale cajeput oil. It can cause breathing problems. Pregnancy and breast-feeding: There isn't enough reliable information to know if cajeput oil is safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use. Children: Do not let children inhale cajeput oil. Cajeput oil is **LIKELY UNSAFE** when inhaled. It can cause serious breathing problems. Applying cajeput oil to a

child's face is also **LIKELY UNSAFE**. Cajeput oil that is applied to the face can be inhaled and cause breathing problems. Asthma: Inhaling cajeput oil might cause an asthma attack. Diabetes: Cajeput oil might decrease blood sugar levels. Monitor your blood sugar carefully if you have diabetes and use cajeput oil as a medicine. The dose of your diabetes medication may need to be changed. Surgery: Cajeput oil might affect blood sugar levels. This has raised some concern that it might interfere with blood sugar control during and after surgery. Stop using cajeput oil as a medicine at least 2 weeks before a scheduled surgery. Dosing The appropriate dose of cajeput oil for use as treatment depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for cajeput oil. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using.

Side Effects

Uses

Interactions

Other Details
