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COBALT

Search for medical details concerning COBALT on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
 - **DosageForm:**
 - **Dosage:**
 - **Indications:**
 - **Manufacturer:**
 - **Storage:**
 - **Market Price:**
 - **Drug Status:**
-

Description

Uses & Effectiveness Overview Cobalt is a metal that is found in nature. It is used to make steel and can be found in many other materials, including ceramics, cement, paints, leather goods, and other metal products. Cobalt was once used to treat different types of anemia. But there is no good scientific research to support its use for any condition. Also, taking large amounts of cobalt or using it for longer than 90 days can be unsafe. Cobalt, though not primarily considered a vitamin, is an essential mineral for humans, playing a crucial role in the production of red blood cells and nerve function, and it is found in vitamin B12, which is necessary for energy production and DNA synthesis.

Side Effects When taken by mouth: Cobalt is POSSIBLY SAFE when taken in small doses for a short period of time. A few small studies suggest that taking cobalt chloride 1 mg daily for up to 90 days seems to be safe. Taking cobalt in higher doses or for longer periods of time is POSSIBLY UNSAFE. It might cause heart problems, hearing loss, or vision loss in some people. When inhaled: Cobalt is POSSIBLY UNSAFE when inhaled. Cobalt might cause heart problems, lung disease, hearing loss, and vision loss in people who are exposed to cobalt dust in certain industries.

Interactions We currently have no information for COBALT overview.

Special Precautions and Warnings When taken by mouth: Cobalt is POSSIBLY SAFE when taken in small doses for a short period of time. A few small studies suggest that taking cobalt chloride 1 mg daily for up to 90 days seems to be safe. Taking cobalt in higher doses or for longer periods of time is POSSIBLY UNSAFE. It might cause heart problems, hearing loss, or vision loss in some people. When inhaled: Cobalt is POSSIBLY UNSAFE when inhaled. Cobalt might cause heart problems, lung disease, hearing loss, and vision loss in people who are exposed to cobalt dust in certain industries.

Pregnancy and breast-feeding: There isn't enough reliable information to know if cobalt is safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use.

Dosing The appropriate dose of cobalt depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for cobalt. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using.

Side Effects

Uses

Interactions

Other Details
