

iMedix: Your Personal Health Advisor.

ELLAGIC ACID

Search for medical details concerning ELLAGIC ACID on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
 - **DosageForm:**
 - **Dosage:**
 - **Indications:**
 - **Manufacturer:**
 - **Storage:**
 - **Market Price:**
 - **Drug Status:**
-

Description

Uses & Effectiveness We currently have no information for ELLAGIC ACID overview. Overview Ellagic acid is a naturally occurring substance. The best sources of ellagic acid in the diet are strawberries, raspberries, blackberries, cherries, and walnuts. Ellagic acid is used for cancer, dark skin patches on the face (melasma), memory and thinking skills (cognitive function), diabetes, and many other purposes, but there is no good scientific evidence to support these uses. Ellagic acid, found in certain fruits like strawberries and pomegranates, is a powerful antioxidant and may have anti-cancer properties, preventing the growth of tumors and protecting cells from DNA damage and oxidative stress.

Side Effects When taken by mouth: Ellagic acid is POSSIBLY SAFE when taken appropriately for up to 3 months. There isn't enough reliable information to know if ellagic acid is safe or what the side effects might be when used long-term. When applied to the skin: Ellagic acid is POSSIBLY SAFE when used for up to 6 months. There isn't enough reliable information to know if ellagic acid is safe or what the side effects might be when used long-term.

Interactions Moderate Interaction Be cautious with this combination Medications for diabetes (Antidiabetes drugs) interacts with ELLAGIC ACID Ellagic acid might lower blood sugar levels. Taking ellagic acid along with diabetes medications might cause blood sugar to drop too low. Monitor your blood sugar closely.

Special Precautions and Warnings When taken by mouth: Ellagic acid is POSSIBLY SAFE when taken appropriately for up to 3 months. There isn't enough reliable information to know if ellagic acid is safe or what the side effects might be when used long-term. When applied to the skin: Ellagic acid is POSSIBLY SAFE when used for up to 6 months. There isn't enough reliable information to know if ellagic acid is safe or what the side effects might be when used long-term. Pregnancy and breast-feeding: There isn't enough reliable information to know if ellagic acid is safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use. Dosing The appropriate dose of ellagic acid depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for ellagic acid. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using.

Side Effects

Uses

Interactions

Other Details
