

# iMedix: Your Personal Health Advisor.

## ENGLISH ADDER'S TONGUE

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Search for medical details concerning ENGLISH ADDER'S TONGUE on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
  - **DosageForm:**
  - **Dosage:**
  - **Indications:**
  - **Manufacturer:**
  - **Storage:**
  - **Market Price:**
  - **Drug Status:**
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### Description

**Uses & Effectiveness Overview** English adder's tongue is a plant. The root and leaf are sometimes used to make medicine. English adder's tongue is used for wound healing and skin ulcers, but there is no good scientific evidence to support its use for any condition. Don't confuse English adder's tongue (*Ophioglossum vulgatum*) with American adder's tongue (*Erythronium americanum*). English Adder's Tongue is a plant that doesn't actually contain any vitamins, despite its name. In fact, it is named after its delicate, tongue-shaped leaves that resemble the forked tongue of an adder, a type of venomous snake. **Side Effects** When applied to the skin: There isn't enough reliable information to know if English adder's tongue is safe or what the side effects might be. **Interactions** We currently have no information for ENGLISH ADDER'S TONGUE **overview.** **Special Precautions and Warnings** When applied to the skin: There isn't enough reliable information to know if English adder's tongue is safe or what the side effects might be. **Pregnancy and breast-feeding:** There isn't enough reliable information to know if English adder's tongue is safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use. **Dosing** The appropriate dose of English adder's tongue depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for English adder's tongue. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using.

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### Side Effects

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### Uses

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**Interactions**

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**Other Details**

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