

iMedix: Your Personal Health Advisor.

Fildena

Fildena is a medication used to treat erectile dysfunction (ED) in men, helping them achieve and maintain an erection suitable for sexual activity. Its effectiveness comes from Sildenafil Citrate, the active ingredient, which is one of the most well-known and reliable treatments for ED. While Fildena can be taken with moderate amounts of alcohol, excessive drinking can increase the risk of side effects and reduce the medication's effectiveness. It is essential to follow medical advice for safe use.

- **ActiveIngredient:** Sildenafil Citrate
 - **DosageForm:** Tablets
 - **Dosage:** 100 mg
 - **Indications:** Erectile Dysfunction (ED)
 - **Manufacturer:** Fortune Healthcare Pvt. Ltd.
 - **Storage:** Store in a cool, dry place away from direct sunlight and moisture. Keep out of reach of children.
 - **Market Price:** 0.73
 - **Drug Status:** Prescription Only
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Description

What is Fildena? Fildena is a generic version of Viagra, a medication used to treat erectile dysfunction (ED) in men. The active ingredient in Fildena is Sildenafil Citrate, which helps increase blood flow to the penis, enabling a man to achieve and maintain an erection. Fildena's Availability: Fildena is often sold online and may not be available through traditional pharmacies. Its availability varies across different countries. It's crucial to source Fildena from reputable sources to ensure safety and effectiveness. Counterfeit versions of the medication can pose serious health risks.

General Instructions

How to Take Fildena: Dosage and Frequency: Fildena is available in various dosages, including 25 mg, 50 mg, and 100 mg. Your doctor will recommend the appropriate dosage based on your health condition and response to the medication. Typically, you should take one pill about 30 to 60 minutes before sexual activity. **Method of Consumption:** Swallow the pill whole with a glass of water. Fildena can be taken with or without food. However, taking it with a high-fat meal may delay its onset of action. **Important Precautions:** **Medication Interactions:** Fildena can interact with other medications, especially those used to treat heart conditions and high blood pressure. It is important to inform your doctor about all the medications you are currently taking to avoid harmful interactions. **Consult a Doctor:** Always consult a healthcare provider before starting Fildena to ensure it is safe for you, especially if you have pre-existing health conditions such as heart disease, liver or kidney problems, or blood pressure issues. **Dosage Limitations:** Do not exceed the recommended dosage. Taking more than prescribed can increase the risk of side effects and lead to serious health complications. **Alcohol and Grapefruit Juice:** Limit or avoid alcohol consumption, as it can increase the risk of side effects like dizziness and reduce the effectiveness of the medication. Avoid grapefruit juice, as it can increase the levels of Fildena in your blood and enhance side effects. By following these guidelines, you can use Fildena safely and effectively. Always follow your healthcare provider's instructions and consult

them with any questions or concerns.

Side Effects

Common Side Effects: **Headache:** You might experience mild to moderate headaches after taking Fildena. This is a common side effect and usually goes away on its own. **Flushing:** This is a warm, red feeling in your face, neck, or chest. It's a common and temporary reaction. **Indigestion:** Some people may feel discomfort in their stomach or a burning sensation, similar to heartburn. **Muscle Aches:** You might feel mild pain or soreness in your muscles, which is typically not severe and goes away after a while. **Nasal Congestion:** Your nose might feel stuffy or blocked, similar to when you have a cold. These side effects are generally mild and temporary. They often go away after your body adjusts to the medication. **Serious Side Effects:** **Chest Pain:** If you experience pain in your chest, especially during or after sex, stop using Fildena and seek immediate medical help. This could be a sign of a serious heart condition. **Vision Changes:** Sudden changes in your vision, such as blurred vision or loss of sight in one or both eyes, should be treated as an emergency. Stop taking the medication and contact a doctor right away. **Hearing Loss:** If you notice a sudden decrease or loss of hearing, it is important to stop taking Fildena and seek immediate medical attention. **Prolonged Erections:** Erections lasting more than 4 hours (known as priapism) can cause permanent damage to your penis. If this happens, seek emergency medical care immediately. **Allergic Reactions:** If you develop symptoms such as a rash, itching, swelling (especially of the face, tongue, or throat), severe dizziness, or trouble breathing, stop taking Fildena and get medical help right away. These could be signs of a serious allergic reaction. **Potential for Counterfeit Fildena: Unknown Ingredients:** Counterfeit pills might contain harmful substances that can cause severe and unpredictable side effects. These fake medications are not regulated, and their ingredients are unknown, which can be very dangerous. **Health Risks:** Using counterfeit medication can lead to serious health problems, including poisoning, organ damage, or even life-threatening reactions. To avoid these risks, always buy Fildena from reputable and verified sources. Similar to Fildena, other medications like Cenforce 100, Kamagra 100, Suhagra 100, and Nizagara 100 are also used for treating erectile dysfunction, and they should also be obtained from trusted sources to ensure safety.

Uses

Treating Erectile Dysfunction: Fildena is primarily used to treat erectile dysfunction (ED) in men. ED is a condition where a man has difficulty achieving or maintaining an erection suitable for sexual activity. Fildena works by increasing blood flow to the penis, helping to achieve and maintain an erection when sexually aroused. It is important to note that Fildena does not cure ED but helps manage its symptoms, improving sexual function and confidence. **Off-Label Uses:** **Pulmonary Arterial Hypertension:** Fildena is sometimes used off-label to treat pulmonary arterial hypertension (PAH), a condition characterized by high blood pressure in the arteries of the lungs. However, this should only be done under strict medical supervision, as the dosage and administration for PAH differ from those for ED. **Other Conditions:** In some cases, doctors might prescribe Fildena for other medical conditions as deemed appropriate. Always follow your healthcare provider's instructions and use the medication only for the prescribed purpose.

Safety advice

Interactions Alcohol:

- Unsafe
- Drinking alcohol while taking Fildena 100 mg can increase the risk of side effects such as dizziness, headaches, and low blood pressure. It's best to avoid alcohol for your safety.

Interactions Other Medications:

- Consult your doctor

- Fildena 100 mg may interact with other medications, especially nitrates, blood pressure drugs, and certain heart medications. Always consult your doctor before combining it with other treatments.

Special Groups Pregnancy:

- Unsafe
- Fildena 100 mg is not intended for use by women, particularly during pregnancy, and should not be taken by this group.

Special Groups Breastfeeding:

- Unsafe
- This medication is not suitable for breastfeeding women as it is intended for men and may pose unknown risks to infants.

Special Groups Elderly:

- Safe if prescribed
- Elderly individuals can use Fildena 100 mg if prescribed by a doctor. Monitoring is recommended due to potential increased sensitivity to the medication.

Special Groups Children:

- Unsafe
- Fildena 100 mg is not suitable for children and should not be used by anyone under 18 years old.

Effects on Activities Driving:

- Use with caution
- Fildena 100 mg may cause dizziness or vision changes, so exercise caution when driving or engaging in tasks that require full alertness.

Effects on Activities Operating Machinery:

- Use with caution
- Be careful when operating machinery after taking Fildena 100 mg, as it may affect coordination and alertness due to potential side effects like dizziness.

Concerns

Counterfeit Fildena: Significant Risk: Counterfeit pills pose a major health risk. They may contain harmful substances or incorrect dosages, leading to unpredictable and dangerous side effects. **Unknown Ingredients:** The contents of counterfeit Fildena are not regulated, meaning they could include dangerous or ineffective ingredients. These unknown substances can cause severe allergic reactions or other health issues. **Severe Side Effects:** Using counterfeit medication can lead to serious health problems, including severe side effects, toxicity, and even death. Without knowing what's inside these pills, the risk of adverse reactions is significantly higher. **Ineffectiveness:** Counterfeit medications might not contain any active ingredients or may contain them in incorrect amounts, leading to ineffectiveness in treating erectile dysfunction. **Potential for Addiction:** Some counterfeit pills might contain substances that can cause dependency or other long-term health issues. **Impact on Overall Health:** Using counterfeit drugs can lead to overall health deterioration due to the potential presence of toxic substances. **Reputable Sources:** Always ensure that you are purchasing medications from trustworthy and reputable sources, such as licensed pharmacies. This ensures the medication is safe, effective, and has been tested for quality. **Verify the authenticity of the medication through packaging, holograms, and official approval seals.** **Consulting Healthcare Providers:** Before purchasing ED medications, consult with a healthcare provider to get a legitimate prescription and guidance on where to buy genuine products. This reduces the risk of obtaining counterfeit medications and ensures proper treatment for your condition. **Safety and Regulation: Varied Regulation:** As a generic medication, Fildena's safety and efficacy may not be as rigorously tested in some regions compared to branded medications. This variation in regulation can affect the quality and safety of the drug. **Quality Assurance:**

Ensure that the Fildena you purchase meets the safety standards set by health authorities in your region. Look for medications that have been approved by regulatory bodies like the FDA (U.S. Food and Drug Administration) or EMA (European Medicines Agency). Medical Supervision: Using Fildena should always be under the guidance of a healthcare provider, who can monitor for side effects and interactions with other medications. Self-medicating without proper medical advice can lead to serious health risks. When Not to Use Conditions that may prevent use: Heart Disease: Men with severe heart conditions, such as heart failure, irregular heartbeats, or recent heart attacks, should avoid using Fildena due to the increased risk of serious side effects. Low Blood Pressure: If you have low blood pressure or take medications that lower your blood pressure, using Fildena can cause a dangerous drop in blood pressure. Recent Stroke: If you have had a stroke recently, Fildena may increase the risk of another stroke or other complications. Certain Eye Conditions: Men with certain eye conditions, such as retinitis pigmentosa or a history of severe vision loss, should avoid Fildena as it can worsen these conditions. Allergies to Sildenafil Citrate: Do not use Fildena if you are allergic to Sildenafil Citrate or any other ingredients in the medication. This can lead to severe allergic reactions. Severe Liver or Kidney Problems: Fildena should be used with caution in men with severe liver or kidney problems, as these conditions can affect how the body processes the medication. Other Medications: Fildena can interact with certain medications, especially nitrates (used for chest pain) and alpha-blockers (used for high blood pressure or prostate problems), increasing the risk of severe side effects. Always inform your healthcare provider about all medications you are taking. Consult a Doctor: Pre-existing Conditions: Before using Fildena, consult a healthcare provider if you have any pre-existing medical conditions, especially those related to the heart, liver, kidneys, or eyes. Personalized Advice: Your doctor can provide personalized advice on whether Fildena is suitable for you and help manage any potential risks.

Warnings

Nitrates: Interaction Warning: Do not take Fildena if you are also taking nitrates for chest pain. The combination can cause a dangerous drop in blood pressure. Alcohol: Increased Side Effects: Drinking alcohol can increase certain side effects of Fildena, such as dizziness and headache. It can also impair your ability to achieve an erection. Grapefruit Juice: Interaction Warning: Avoid consuming grapefruit or grapefruit juice while taking Fildena. Grapefruit can increase the levels of Fildena in your blood, leading to more side effects. Other Medications: Medication Interactions: Inform your healthcare provider about all medications you are taking, including over-the-counter drugs and herbal supplements. Fildena can interact with various medications, increasing the risk of side effects. Health Conditions: Pre-existing Conditions: Fildena may not be suitable for men with certain health conditions, such as severe heart or liver problems. Ensure your doctor is aware of your medical history.

Dosage

Typical Dosage: Standard Dosage: Fildena is available in various dosages, including 25 mg, 50 mg, and 100 mg. The appropriate dosage will depend on your health condition and how you respond to the medication. Administration: Take one pill about 30 to 60 minutes before sexual activity. Fildena can be taken with or without food. However, a high-fat meal may delay its onset of action. Frequency: Do not take more than one dose within a 24-hour period. Overdosing can increase the risk of serious side effects. Following Instructions: Doctor's Guidance: Always follow the dosage instructions provided by your healthcare professional. Do not adjust your dose without consulting your doctor. Missed Dose: Since Fildena is taken as needed, there is no concern with missing a dose. Do not take extra medicine to make up for a missed dose.

Interactions

Medications: Nitrates: Avoid using Fildena if you are taking nitrates for chest pain, as this combination can cause a severe drop in blood pressure. Alpha-blockers: These medications, used for high blood pressure or

prostate problems, can interact with Fildena and lead to dangerously low blood pressure. Antifungal Medications: Drugs like ketoconazole or itraconazole can increase the levels of Fildena in your blood, heightening the risk of side effects. Certain Antibiotics: Erythromycin and similar antibiotics can also raise Fildena levels in your bloodstream, increasing the chance of side effects. Blood Pressure Medications: Combining Fildena with medications that lower blood pressure can amplify this effect, leading to symptoms such as dizziness or fainting. HIV Protease Inhibitors: These medications can increase the levels of Fildena in your blood, raising the risk of adverse reactions. Other ED Medications: Do not combine Fildena with other treatments for erectile dysfunction to avoid excessive side effects and health risks. Inform Your Doctor: Full Disclosure: Always inform your healthcare provider about all the medications, supplements, and herbal products you are taking to avoid potential interactions and side effects.

FAQs

- **How often can I take Fildena 100 mg?**

You should take Fildena 100 mg only once in 24 hours. Do not exceed one pill per day, even if you don't feel the full effect. Always follow your doctor's guidance on how to use this medication.

- **Does Fildena 100 mg cause dependency?**

No, Fildena 100 mg does not cause dependency or addiction. It works only when you take it, and stopping the medication will not affect your natural ability to have erections in the long term.

- **What should I do if I miss taking Fildena 100 mg before intercourse?**

If you forget to take Fildena 100 mg, you can take it when you remember, as long as it's still before intercourse. The pill usually takes 30-60 minutes to start working. Do not take extra doses to make up for a missed one.

- **Does Fildena 100 mg affect fertility?**

Fildena 100 mg does not affect fertility. It helps you achieve erections but does not impact your sperm or ability to father a child.

- **Can I take Fildena 100 mg if I have diabetes?**

Yes, Fildena 100 mg can be taken by men with diabetes, but you should always check with your doctor first. This will ensure that it's safe for you, especially if you are taking other medications or have additional health concerns.

Other Details

Food: With or Without Food: Fildena can be taken with or without food. However, taking it with a high-fat meal might delay the onset of its action, meaning it could take longer to start working. Avoid Grapefruit: Avoid consuming grapefruit or grapefruit juice while taking Fildena, as it can increase the medication levels in your blood and lead to more side effects. Duration of Effect: Effectiveness Time: The effects of Fildena typically last for 4-6 hours. During this period, you should be able to achieve and maintain an erection when sexually aroused. Longer Duration: In some cases, the effects may last longer, but this varies from person to person based on individual health factors and metabolism. Storage: Proper Storage: Store Fildena at room temperature, away from moisture and heat. Keep it out of reach of children and pets. Check Expiry Date: Always check the expiry date on the medication packaging. Do not use Fildena past its expiration date, as it may be less effective or potentially unsafe. Conclusion Seeking Medical Advice: Consultation: Fildena is an effective treatment for erectile dysfunction, but it's important to use it under the guidance of a healthcare provider. Always consult your doctor for personalized advice and to ensure it is safe for you. Discuss Risks and Benefits: Have a thorough discussion with your healthcare provider about the potential risks and benefits of using Fildena. This ensures you are making an informed decision based on your health condition. Prioritize Safety and Reputable Sources: Avoid Counterfeits: Counterfeit Fildena poses significant health risks. Always obtain your medication from trusted and regulated sources to ensure its safety and

effectiveness. Legitimate Help: Seek legitimate medical help for erectile dysfunction to ensure you are using safe and effective treatments. Do not rely on unverified online sources or self-medication.

References

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