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Ginseng

Search for medical details concerning ginseng oral on iMedix including its uses, side effects and safety, interactions, pictures, warnings and user ratings.

- **ActiveIngredient:**
 - **DosageForm:**
 - **Dosage:**
 - **Indications:**
 - **Manufacturer:**
 - **Storage:**
 - **Market Price:**
 - **Drug Status:**
-

Description

Side Effects Trouble sleeping is the most common side effect. Less common effects include headache, agitation, upset stomach, menstrual problems (such as unusual vaginal bleeding), breast pain, and dizziness. An increase or decrease in blood pressure may also occur. Siberian ginseng may also cause drowsiness, nervousness, or mood changes. If any of these effects last or get worse, tell your doctor or pharmacist promptly. Tell your doctor right away if you have any serious side effects, including: fast/pounding/irregular heartbeat. A very serious allergic reaction to this product is rare. However, get medical help right away if you notice any symptoms of a serious allergic reaction, including: rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing. This is not a complete list of possible side effects. If you notice other effects not listed above, contact your doctor or pharmacist. In the US – Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088 or at www.fda.gov/medwatch. In Canada – Call your doctor for medical advice about side effects. You may report side effects to Health Canada at 1-866-234-2345. How to use Ginseng Take this product by mouth as directed. Follow all directions on the product package. Dosage is based on the condition the product is used for and the type of ginseng. If you have any questions, ask your doctor or pharmacist. Since ginseng may cause trouble sleeping, do not take it near bedtime. Ginseng should not be used for long periods. Asian ginseng should not be used for more than 3 months at a time, and Siberian ginseng should not be used for more than 2 months at a time. American ginseng has been used for up to 1 month, although certain extract products have been used for up to 4 months. Ask your doctor or pharmacist for more details about your product and how to use it safely. If your condition lasts or gets worse, or if you think you may have a serious medical problem, get medical help right away. Precautions Before taking ginseng, tell your doctor or pharmacist if you are allergic to it; or to any other ingredients listed on the product label; or if you have any other allergies. This product may contain inactive ingredients, which can cause allergic reactions or other problems. Talk to your pharmacist for more details. People who are allergic to one type of ginseng should also avoid taking other types. If you have any of the following health problems, consult your doctor or pharmacist before using this product: high or low blood pressure, heart problems (such as abnormal heart rhythm, rheumatic heart disease), bleeding/clotting problems, a certain mental/mood disorder (schizophrenia), overactive immune system disorders (such as lupus, rheumatoid arthritis, multiple sclerosis), conditions that are affected by estrogen (such as endometriosis, uterine fibroids, cancer of the breast/uterus/ovary). Ginseng may lower blood sugar levels too much, especially in people with diabetes.

Siberian ginseng may lower or raise blood sugar levels. If you have diabetes, monitor your blood sugar more carefully while using this product, and report any unusual results or symptoms to your doctor. Your doctor may need to adjust your diabetes medications. Liquid forms of this product may contain sugar and/or alcohol. Caution is advised if you have diabetes, alcohol dependence, or liver disease. Ask your doctor or pharmacist about using this product safely. This product may make you dizzy or drowsy. Alcohol or marijuana (cannabis) can make you more dizzy or drowsy. Do not drive, use machinery, or do anything that needs alertness until you can do it safely. Limit alcoholic beverages. Talk to your doctor if you are using marijuana (cannabis). This product is not recommended for use during pregnancy. Consult your doctor before using this product. It is unknown if this product passes into breast milk. Consult your doctor before breast-feeding. Consult your pharmacist or physician. Interactions Drug interactions may change how your medications work or increase your risk for serious side effects. This document does not contain all possible drug interactions. Keep a list of all the products you use (including prescription/nonprescription drugs and herbal products) and share it with your doctor and pharmacist. Do not start, stop, or change the dosage of any medicines without your doctor's approval. Some drugs that may interact with this product include: fezolinetant, medications/products that may increase your risk of bleeding (including "blood thinners" such as warfarin and heparin, anti-platelet drugs such as clopidogrel, nonsteroidal anti-inflammatory drugs-NSAIDs such as ibuprofen, herbal products such as danshen/garlic/ginger), MAO inhibitors (isocarboxazid, linezolid, metaxalone, methylene blue, moclobemide, phenelzine, procarbazine, rasagiline, safinamide, selegiline, tranlycypromine), drugs that weaken the immune system (including corticosteroids such as prednisone, drugs to prevent organ transplant rejection such as cyclosporine), "water pills" (diuretics such as furosemide, bumetanide), other herbal products (such as fenugreek, willow bark). Aspirin may also increase the risk of bleeding when used with this product. If your doctor has prescribed low doses of aspirin to prevent heart attack or stroke (usually 81-162 milligrams a day), you should continue to take the aspirin. Consult your doctor or pharmacist for more details. Caffeine can increase the side effects of this product. Avoid drinking large amounts of beverages containing caffeine (coffee, tea, certain soft drinks) and eating large amounts of chocolate. Check the labels on all your medicines (such as cough-and-cold products, diet aids) because they may contain ingredients that could increase the side effects of ginseng. Decongestants (such as pseudoephedrine) and stimulants (such as caffeine, ephedra, ma huang) may worsen trouble sleeping, fast heartbeat, and increased blood pressure. Consult your doctor or pharmacist for more details. If you are taking Siberian ginseng, tell your doctor or pharmacist if you are taking other products that cause drowsiness such as opioid pain or cough relievers (such as codeine, hydrocodone), alcohol, marijuana (cannabis), drugs for sleep or anxiety (such as alprazolam, lorazepam, zolpidem), muscle relaxants (such as carisoprodol, cyclobenzaprine), or antihistamines (such as cetirizine, diphenhydramine). Overdose If someone has overdosed and has serious symptoms such as passing out or trouble breathing, call 911. Otherwise, call a poison control center right away. US residents can call their local poison control center at 1-800-222-1222. Canada residents can call a provincial poison control center. Keep all medical and lab appointments. Different types and quality of ginseng may have different effects. Read the product label carefully and ask your doctor or pharmacist for more information. If you miss a dose, take it as soon as you remember. If it is near the time of the next dose, skip the missed dose. Take your next dose at the regular time. Do not double the dose to catch up. Refer to storage information printed on the package. If you have any questions about storage, ask your pharmacist. Keep all medications and herbal products away from children and pets. Do not flush medications down the toilet or pour them into a drain unless instructed to do so. Properly discard this product when it is expired or no longer needed. Consult your pharmacist or local waste disposal company.

Side Effects

Uses

Interactions

Other Details
