

# iMedix: Your Personal Health Advisor.

## HORSEMINT

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Search for medical details concerning HORSEMINT on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
  - **DosageForm:**
  - **Dosage:**
  - **Indications:**
  - **Manufacturer:**
  - **Storage:**
  - **Market Price:**
  - **Drug Status:**
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### Description

**Uses & Effectiveness** We currently have no information for HORSEMINT overview. **Overview** Horsemint (*Monarda punctata*) is an herb that has a bitter taste and a smell similar to thyme. The leaves are sometimes used to make medicine. People use horsemint for digestion problems, menstrual cramps (dysmenorrhea), and many other purposes, but there is no good scientific evidence to support any use. HORSEMINT is a herbaceous plant containing vitamins A and C, which can provide potent antioxidant properties. These vitamins help fight free radicals, reduce inflammation, and promote healthy skin, making HORSEMINT an excellent addition to skincare products and a natural remedy for various skin conditions. **Side Effects** When taken by mouth: There isn't enough reliable information to know if horsemint is safe or what the side effects might be. **Interactions** We currently have no information for HORSEMINT overview. **Special Precautions and Warnings** When taken by mouth: There isn't enough reliable information to know if horsemint is safe or what the side effects might be. **Pregnancy:** It is possibly unsafe to take horsemint when pregnant. It could cause a period, and that could cause a miscarriage. **Breast-feeding:** There isn't enough reliable information to know if horsemint is safe to use when breast-feeding. Stay on the safe side and avoid use. **Dosing** There isn't enough reliable information to know what an appropriate dose of horsemint might be. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult a healthcare professional before using.

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### Side Effects

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### Uses

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## **Interactions**

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## **Other Details**

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