

# iMedix: Your Personal Health Advisor.

## Penegra

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Penegra - Sildenafil Citrate is a high-quality medicine applied normally to eliminate the symptoms of erectile dysfunction and impotence.

- **ActiveIngredient:**
  - **DosageForm:**
  - **Dosage:**
  - **Indications:**
  - **Manufacturer:**
  - **Storage:**
  - **Market Price:**
  - **Drug Status:**
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## Description

Penegra – Sildenafil Citrate is a high-quality medicine which applies normally to eliminate the symptoms of erectile dysfunction and impotence. The product is effective for sexual disorder which may happen to many men because of physiological and psychological factors. For example, Penegra equally well normalizes an erection which became weak because of age changes, pelvic organs diseases, stress or weariness. Description The medicine is one of the analogues of Viagra. It contains the same medicinal component. Therefore, it has similar contraindications and side effects. The distinctive feature of this medicine is the presence in the composition of auxiliary substances of vegetable origin which have an additional positive effect on men's body. In addition, the presence of natural ingredients helps to reduce the impact of the active substance on the nervous system. The new formula reduces the list of contraindications which makes the preparation safer. Basic Information An obligatory condition to achieve a strong erection is a healthy blood circulation inside the genitals. However, the blood circulation slows down due to a number of negative factors. As a result of this, the muscles of the penis fills with blood insufficiently and decondition during sex. Blood circulation management with Penegra is due to relaxation of the unstripped muscle of the penis. The product intensifies the action of nitric oxide and as a result the elasticity of men's muscle tissue increases. Under the action of the drug more blood flows to the penis causing a stable erection. What is Penegra? Penegra is a medication used to treat erectile dysfunction (ED) in men. It contains sildenafil citrate, which is the same active ingredient found in Viagra. It helps men achieve and maintain an erection by increasing blood flow to the penis. How does Penegra work? Penegra works by inhibiting an enzyme called phosphodiesterase type 5 (PDE5), which leads to the dilation of blood vessels and increased blood flow to the penis, facilitating an erection when accompanied by sexual stimulation. What is the recommended dosage of Penegra? The recommended starting dose of Penegra is 50 mg taken about one hour before sexual activity. Depending on its effectiveness and tolerability, the dose may be increased to a maximum recommended dose of 100 mg or decreased to 25 mg. Are there any side effects of taking Penegra? Common side effects of Penegra include headaches, flushing, upset stomach, nasal congestion, dizziness, and blurred vision. Rare but serious side effects include priapism, sudden hearing loss, and vision problems. Can Penegra be taken with alcohol? It's advisable to avoid or limit alcohol intake when using Penegra, as alcohol can increase the likelihood of side effects and reduce the effectiveness of the medication. Is Penegra safe for everyone? Penegra is not suitable for everyone, especially for individuals with certain medical conditions or those taking certain medications. It is essential to consult a healthcare provider before using Penegra if you have heart problems, blood pressure

issues, or are using nitrates. Can Penegra be used by women? Penegra is not recommended for use by women, especially pregnant or breastfeeding women. It is specifically designed for treating erectile dysfunction in men. How long does the effect of Penegra last? The effects of Penegra can last for up to 4-6 hours, but this can vary depending on individual factors such as metabolism, age, and other health conditions. Can Penegra be taken with food? Yes, Penegra can be taken with or without food. However, it may take longer to work if taken with a high-fat meal. What should I do in case of an overdose? In case of an overdose, seek immediate medical attention. Overdosing on Penegra can lead to serious side effects and health complications.

**Advantages** This medicine qualitatively suppresses premature ejaculation and allows to increase the duration of sexual contact two or three times. The process of ejaculation occurs under the influence of the enzyme PDE-5 which causes vasoconstriction. The active substance of the preparation is Sildenafil. This substance is an inhibitor of the enzyme PDE-5. Sildenafil significantly slows the process of ejaculation and allows man to get the maximum satisfaction from intimacy. The drug also stimulates the synthesis of hormones. The medicine increases the production of ejaculate, improves its quality through the acceleration of spermatozoa. After taking the pill a man feels a surge of energy and vigor, an increase in physical endurance and enjoys a much brighter orgasms. Regular use of the medicine allows to effectively: restore healthy ejaculation; increase the level of testosterone. Regular use of the medicine within one month contributes to the normalization of the reproductive function as well as to reducing inflammation of the prostate tissue. The action of Penegra starts to manifest itself 30 minutes after admission and persists for three to four hours ensuring the maximum engorgement of the male genital organs. Erection is possible only if there is a natural sexual arousal. It is recommended that you read the list of contraindications and possible side effects before using the medication. Seek a doctor's advice before taking the medicine.

**Precautions** The medicine has a number of adverse health conditions that should be excluded before treatment. First of all, the medicine is contraindicative in case of individual intolerance to Sildenafil citrate. Penegra can not be used by minors at the age from 14 to 18. The product is not suitable to stimulate female libido. Do not take medication in the presence of the following diseases: chronic pathologies of the heart and blood vessels; cardiac distress or severe atherosclerosis; disorders of the nervous system; insomnia or increased neural irritability; ulcer of the stomach or duodenum; deformities and inflammatory processes in the penis. The preparation is contraindicated to men who have had a heart attack or a stroke (throughout the whole period of recovery). Another contraindication to the medicine is the use of antidepressants and/or drugs which, same as Penegra, have a stimulating effect on the potency.

**How to Use Penegra?** Firstly, it is necessary to take the medicine once a day for 30-40 minutes before intimacy. It is recommended to wash a tablet down with plenty of water. The medicine can be consumed with meals or separately. Secondly, the product is available in dosages of 50 and 100 mg of Sildenafil. A dose of 50 mg is recommended to most patients. The dose can be increased to the maximum level of 100 mg if necessary.

**Dosages** Start using the drug with 25 or 50 mg of Sildenafil. You can increase the dose the next time if the result is not good enough. The effectiveness of the preparation manifests itself even at a dose of 25 mg with regular use. This is due to the fact that Sildenafil accumulates in the blood in small amounts. Patients of the older generation (after 60 years) shouldn't use more than 50 mg of Sildenafil citrate per day. Regular treatment with the medicine can be carried out within one month. Longer-term application of the drug is indicated in severe form of erectile dysfunction. The therapy is to be conducted under a physician's observation. It is necessary to reduce the daily dose of Sildenafil down to 25 mg if used with vasodilating agents. Penegra causes the following negative reactions of the body: dizziness; temporary decrease in visual acuity; stuffiness in nose; shivering attacks; backache; diarrhea; nausea; vomiting; redness of face and eyes. Stop taking the medication and consult a doctor if any of the above adverse reactions occur.

**Overdose** In case of an overdose with this medicine the patient may feel a temporary breakdown, accompanied by prolonged side effects. The first signs of an overdose are symptoms of alimentary toxicosis. Do not take more than one tablet of medication per day to avoid an overdose. Contact specialists if you feel an overdose or side-effects. The attending medical doctor will establish the aetiology of the indisposition and assign an effective combination therapy.

**Interactions** Don't combine this medicine antidepressants and drugs, which, like Penegra, have a stimulating effect on potency.

**Food / Drink Interactions** Sildenafil citrate is not compatible with alcohol. The active substance accumulates in the plasma under the influence of ethyl alcohol. It increases the risk of side effects and complications. Sildenafil in combination with alcohol causes unforeseen side effects and seriously harms health. Fatty food also adversely affects the effectiveness of this product. So, it slows down the absorption of medicine substances,

shortening the duration of their action. Specialists recommend everyone to avoid food with a fat content higher than 30% while treated with the medicine. Doctors advise you to prefer low-fat, fiber-rich meals, as well as vegetables, fruits and dairy products. Store the product in a dark and dry place, with no exposure to ultraviolet rays, sun, moisture and water. Miscellaneous Information The cause of erectile dysfunction may be a lowered level of testosterone. In this case tablets will not help. It is necessary to take medicines containing male hormones. The testosterone level starts to decrease at the age of 35 years. Therefore, approximately 5% of men at the age of 40 start to experience potency problems due to the decline in testosterone level. Scientists often argue that testosterone determines the degree of a man's libido. Therefore, in order to eliminate the factor of hormone hunger before taking the medicine you need to consult an expert (andrologist). Tests The tests for hormones will be useful not only for sexual health. As scientists around the world say, testosterone is also responsible for vitality in general. Low level of male hormone reduces efficiency, contributes to reduction of muscle mass, development of obesity and osteoporosis. The research centers conduct a series of studies on the effectiveness of the active substance Sildenafil for erectile function in men. There were about 21 studies in which about 3 thousand adult patients of different ages, the oldest of which was 87 years. Studies This tests made with patients who had some degree of erectile dysfunction with various causes of these disorders including psychological ones. The results of the studies showed that the first application of Sildenafil was successful in 70% of the subjects. The success was 90% in case the cause of erectile dysfunction was some psychological factors. According to studies, the substance does not affect the potency in the absence of sexual arousal.

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## **Side Effects**

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## **Uses**

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## **Interactions**

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## **Other Details**

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