

iMedix: Your Personal Health Advisor.

PHYTASE

Search for medical details concerning PHYTASE on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
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 - **Dosage:**
 - **Indications:**
 - **Manufacturer:**
 - **Storage:**
 - **Market Price:**
 - **Drug Status:**
-

Description

Uses & Effectiveness Overview Phytase is a chemical found in our digestive system. It is also found in plant food and in bacteria and yeast cells. In our food and during digestion, phytase breaks down a chemical called phytic acid. Phytase is sometimes used as medicine. Phytase is used to increase the absorption of minerals like calcium, iron, and zinc. It might help to prevent or treat deficiencies in these minerals, but there is no good scientific evidence to support these uses. Phytase is a unique enzyme found in plants and microorganisms that helps animals digest and absorb phosphorus, essential for bone formation and energy metabolism. It is widely used in animal feed to enhance nutritional benefits and reduce environmental phosphorus pollution. **Side Effects** When taken by mouth: Phytase is **LIKELY SAFE** when eaten in foods. Cereal grains, legumes, and other foods contain phytase. There isn't enough reliable information to know if phytase is safe to use as a supplement or medicine, or what the side effects might be. **Interactions** We currently have no information for PHYTASE overview. **Special Precautions and Warnings** When taken by mouth: Phytase is **LIKELY SAFE** when eaten in foods. Cereal grains, legumes, and other foods contain phytase. There isn't enough reliable information to know if phytase is safe to use as a supplement or medicine, or what the side effects might be. **Pregnancy and breast-feeding:** There isn't enough reliable information to know if phytase is safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use. **Dosing** The appropriate dose of phytase depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for phytase. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using.

Side Effects

Uses

Interactions

Other Details
