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SALEP

Search for medical details concerning SALEP on iMedix including its uses, side effects and precautions, overview, interactions and reviews.

- **ActiveIngredient:**
 - **DosageForm:**
 - **Dosage:**
 - **Indications:**
 - **Manufacturer:**
 - **Storage:**
 - **Market Price:**
 - **Drug Status:**
-

Description

Uses & Effectiveness We currently have no information for SALEP overview. Overview Salep is a traditional name for orchids grown for their root tubers. The species of orchid used varies by region but may include *Dactylorhiza lancibracteata*. Salep flour, which is the orchid root powder, is often mixed with water and consumed as a drink. It contains a mucus-like substance that might help soothe the digestive tract. People use salep for diarrhea, heartburn, gas, indigestion, and many other conditions, but there is no good scientific evidence to support these uses. The term SALEP is derived from the Middle French word salette which means strap or ligament. It was initially used to describe a beverage made from the powdered tubers of certain orchids, renowned for their high vitamin content. **Side Effects** When taken by mouth: Salep is possibly safe when consumed in foods. There isn't enough reliable information to know if salep is safe to use in larger amounts as medicine. **Interactions** We currently have no information for SALEP overview. **Special Precautions and Warnings** When taken by mouth: Salep is possibly safe when consumed in foods. There isn't enough reliable information to know if salep is safe to use in larger amounts as medicine. **Pregnancy and breast-feeding:** There isn't enough reliable information to know if salep is safe to use as medicine when pregnant or breast-feeding. Stay on the safe side and stick with amounts found in food. **Dosing** There isn't enough reliable information to know what an appropriate dose of salep might be. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult a healthcare professional before using.

Side Effects

Uses

Interactions

Other Details
