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TOOTHED CLUBMOSS

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- **ActiveIngredient:**
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 - **Dosage:**
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 - **Drug Status:**
-

Description

Uses & Effectiveness Overview Toothed clubmoss is an herb. People use it to make medicine. Toothed clubmoss is used for Alzheimer disease, general memory disorders, and many other conditions, but there is no good scientific evidence to support its use. Be careful not to confuse toothed clubmoss with the chemical called huperzine A. Toothed clubmoss contains small amounts of huperzine A. But huperzine A is also sold as a supplement. Toothed Clubmoss, also known as *Lycopodium clavatum*, contains a unique compound called huperzine A, which has shown promising benefits for memory enhancement and neuroprotective effects, making it a potential treatment for Alzheimer's Disease and other cognitive impairments.

Side Effects When taken by mouth: There isn't enough reliable information to know if toothed clubmoss is safe. It might cause side effects such as dizziness, nausea, and sweating.

Interactions **Moderate Interaction** Be cautious with this combination **Drying medications (Anticholinergic drugs)** interacts with TOOTHED CLUBMOSS Toothed clubmoss contains chemicals that can affect the brain and heart. Some of these drying medications called anticholinergic drugs can also affect the brain and heart. But toothed clubmoss works differently than drying medications. Toothed clubmoss might decrease the effects of drying medications. Some of these drying medications include atropine, scopolamine, and some medications used for allergies (antihistamines) and for depression (antidepressants). Various medications used for glaucoma, Alzheimer disease, and other conditions (**Cholinergic drugs**) interacts with TOOTHED CLUBMOSS Toothed clubmoss contains a chemical that affects the body. This chemical is similar to some medications used for glaucoma, Alzheimer disease, and other conditions. Taking toothed clubmoss with these medications might increase the chance of side effects. Some of these medications used for glaucoma, Alzheimer disease, and other conditions include pilocarpine (Pilocar and others), donepezil (Aricept), tacrine (Cognex), and others.

Special Precautions and Warnings When taken by mouth: There isn't enough reliable information to know if toothed clubmoss is safe. It might cause side effects such as dizziness, nausea, and sweating.

Pregnancy and breast-feeding: There isn't enough reliable information to know if toothed clubmoss is safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use.

Asthma, chronic obstructive pulmonary disease, cardiovascular disease, blockage of the intestinal or urogenital tracts, gastrointestinal ulcer disease, or seizures: Toothed clubmoss contains chemicals that can affect the nervous system in such a way that it could harm people with these diseases. If you have one of these conditions, don't use toothed clubmoss until more is known.

Dosing The appropriate dose of toothed clubmoss depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine

an appropriate range of doses for toothed clubmoss. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using.

Side Effects

Uses

Interactions

Other Details
