

iMedix: Your Personal Health Advisor.

Viagra Super Active

Viagra Super Active (sildenafil citrate) is a prescription medication for erectile dysfunction (ED), formulated as a liquid-filled softgel capsule. Designed for faster absorption, it aims to enhance convenience and speed of action compared to standard ED treatments.

- **ActiveIngredient:** Sildenafil citrate
 - **DosageForm:** Oral softgel capsules
 - **Dosage:** 50 mg, 100 mg
 - **Indications:** Erectile dysfunction (ED)
 - **Manufacturer:** Pfizer (brand); generics available
 - **Storage:** Store at 15–30°C, protect from light and moisture
 - **Market Price:**
 - **Drug Status:** Not Approved
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Description

What is Viagra Super Active? Viagra Super Active is an advanced formulation of sildenafil citrate, a PDE5 inhibitor that addresses erectile dysfunction by improving blood flow to the penis during sexual arousal. Its liquid-filled softgel design allows the active ingredient to dissolve more rapidly in the digestive tract, potentially accelerating the onset of action compared to conventional tablets. Unlike hormonal therapies, it does not increase libido but relies on natural stimulation to achieve an erection. **Key Features** Liquid Core Technology: Enhances bioavailability and absorption speed. Targeted Action: Works locally in erectile tissue without systemic hormonal effects. Flexibility: Can be taken with or without food, though fatty meals may delay absorption. **Critical Notes** Not a Cure: Provides temporary relief for ED; does not address underlying causes like cardiovascular disease. Safety: Counterfeit versions often contain dangerous additives (e.g., amphetamines) or incorrect dosages.

General Instructions

How to Take Viagra Super Active Dosage Timing: Take 30–60 minutes before anticipated sexual activity. Effects may last 4–6 hours. Administration: Swallow the softgel whole with water. Do not puncture, chew, or dissolve the capsule. Food Interactions: Can be taken with or without food, but avoid high-fat meals, as they may delay absorption. Missed Dose Viagra Super Active is not taken on a fixed schedule. If you miss a planned dose, skip it and take the next dose when needed. Never double the dose. Storage Recommendations Unopened Capsules: Store in original packaging at 15–30°C, away from direct light and moisture. After Opening: Keep capsules in a tightly sealed container to prevent exposure to air, which may degrade the liquid core. **Critical Notes** Sexual Stimulation Required: Works only with arousal. Does not trigger spontaneous erections. Alcohol Use: Limit alcohol, as it may worsen side effects like dizziness or low blood pressure. Counterfeit Precautions: Verify capsule integrity (no leaks or discoloration). Purchase only from licensed pharmacies with proper documentation.

Side Effects

Common Side Effects Most effects are mild and temporary: Headache Flushing (redness in the face/neck) Indigestion or heartburn Nasal congestion or runny nose Mild dizziness
Less Common Effects Some users report: Blurred vision or light sensitivity (e.g., blue-tinted vision) Muscle aches or back pain Nausea Dry mouth
Serious Reactions (Seek Immediate Help) Discontinue use and contact a doctor if you experience:
Priapism: Erection lasting >4 hours (risk of permanent tissue damage).
Sudden Vision Loss: Symptoms like blurred vision, vision field defects (linked to NAION).
Hearing Loss: Ringing in ears (tinnitus) or sudden deafness.
Severe Allergic Reaction: Swelling of the lips/tongue, difficulty breathing, hives.
Chest Pain or Irregular Heartbeat: May indicate cardiovascular complications.
Managing Side Effects For headaches: Stay hydrated and avoid alcohol. For indigestion: Take the capsule with a light, low-fat meal next time. For dizziness: Sit or lie down until symptoms pass.
Counterfeit Drug Risks Fake Viagra Super Active may contain: Dangerous Stimulants: Amphetamines or undisclosed PDE5 inhibitors (e.g., tadalafil), causing erratic heart rhythms. Toxic Fillers: Talcum powder, starch, or heavy metals, leading to organ damage. No Active Ingredient: Delays proper ED treatment and masks underlying health issues.

Uses

Approved Medical Use Viagra Super Active (sildenafil citrate) is prescribed to adult men diagnosed with erectile dysfunction (ED). It facilitates the ability to achieve and sustain an erection sufficient for sexual activity only when combined with sexual stimulation.
Scope of Treatment ED from Physical Causes: Effective for ED linked to conditions like diabetes, hypertension, or cardiovascular disease. ED from Psychological Factors: Helps men with stress- or anxiety-related ED by supporting physiological responsiveness.
Post-Surgical ED: Used in recovery from prostate surgery or pelvic trauma, under medical guidance.
Important Clarifications Not for Enhancement: Does not enhance sexual performance, libido, or prolong erections beyond natural response. Not a Cure: Provides temporary symptom relief but does not address underlying health issues causing ED. Exclusive Use: Approved only for adult males. Not intended for women, children, or adolescents.
Holistic Management Viagra Super Active should be part of a comprehensive ED plan, which may include: Addressing cardiovascular health, diabetes, or hormonal imbalances. Psychological counseling for anxiety or stress-related ED. Lifestyle modifications (e.g., smoking cessation, weight management).
Critical Reminder Using this medication without a diagnosed medical need (e.g., recreational use) is dangerous and illegal. Counterfeit versions, often marketed for “enhancement,” lack quality control and pose severe health risks.

Safety advice

Interactions Alcohol:

- Use with caution
- Combining alcohol with Viagra Super Active may worsen side effects like dizziness, headaches, or low blood pressure. Avoid excessive consumption, especially before activities requiring focus (e.g., driving).

Interactions Other Medications:

- Consult your doctor
- Sildenafil interacts dangerously with nitrates (e.g., nitroglycerin for chest pain), alpha-blockers (e.g., tamsulosin), and certain antifungal/antibiotic drugs (e.g., ketoconazole, erythromycin). Inform your doctor about all medications, including over-the-counter supplements.

Special Groups Pregnancy:

- Unsafe
- Viagra Super Active is prescribed only to men. However, men should inform their doctor if their partner is pregnant, as sexual activity may require medical considerations.

Special Groups Breastfeeding:

- Unsafe
- This medication is not intended for women. No data exists on its effects during breastfeeding.

Special Groups Elderly:

- Use with caution
- Older adults may metabolize sildenafil more slowly, increasing side effect risks (e.g., dizziness, vision changes). Lower starting doses (25–50 mg) are often recommended.

Special Groups Children:

- Unsafe
- Viagra Super Active is not approved for individuals under 18. Misuse in adolescents can cause severe cardiovascular complications.

Effects on Activities Driving:

- Use with caution
- Dizziness, blurred vision, or sudden blood pressure drops may impair driving ability. Avoid until you understand how the medication affects you.

Effects on Activities Operating Machinery:

- Use with caution
 - Similar to driving, refrain from high-risk tasks until you confirm no adverse effects occur.
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Concerns

Key Concerns When Considering Viagra Super Active Cardiovascular Risks: Sexual activity combined with sildenafil's vasodilatory effects may strain the heart. Avoid use in patients with unstable angina, heart failure, or a history of life-threatening arrhythmias. **Nitrate Interaction:** Concomitant use with nitrates (e.g., nitroglycerin) can cause severe hypotension. This combination is absolutely contraindicated. **Underlying Hematologic Conditions:** Men with sickle cell anemia, leukemia, or multiple myeloma face elevated risks of priapism (prolonged, painful erections). **Hepatic/Renal Impairment:** Severe liver or kidney dysfunction may impair drug clearance, increasing toxicity risks. Dose adjustments or avoidance may be necessary. **Vision/Hearing Changes:** Rare but serious cases of sudden vision loss (linked to NAION) or hearing impairment (tinnitus, deafness) require immediate discontinuation. **Alcohol Interaction:** Excessive alcohol consumption may worsen dizziness, hypotension, or cardiovascular strain. **When Not to Use Viagra Super Active Allergy to Sildenafil or Ingredients:** Immediate discontinuation if hypersensitivity reactions (e.g., rash, swelling) occur. **Concurrent Nitrate Use:** Including recreational nitrates (e.g., amyl nitrite). **Recent Cardiovascular Events:** Heart attack, stroke, or arrhythmia within the past 6 months. **Severe Hypotension:** Blood pressure <90/50 mmHg. **Retinal Disorders:** History of NAION or retinitis pigmentosa. **Priapism History:** Prior episodes of erections lasting >4 hours. **Uncontrolled Hypertension:** BP >170/100 mmHg despite treatment. **Critical Reminders Not for Recreational Use:** Viagra Super Active is not approved for enhancing sexual performance in men without ED. **Counterfeit Risks:** Fake capsules may contain incorrect sildenafil doses, toxic additives (e.g., talcum powder), or undisclosed drugs like tadalafil. **Monitor Cardiovascular Health:** Regular check-ups advised for men with diabetes, hypertension, or lipid disorders.

Warnings

Black Box Warning (FDA) Nitrate Interaction: Status: Absolutely contraindicated Description: Concomitant use with nitrates (e.g., nitroglycerin, isosorbide) can cause severe, life-threatening hypotension. This includes recreational nitrates (e.g., amyl nitrite). **Sudden Vision Loss:** Status: Critical risk Description: Rare cases of non-arteritic anterior ischemic optic neuropathy (NAION) have been reported, leading to permanent vision loss. Risk factors include a history of NAION, diabetes, or hypertension. **Absolute Contraindications Severe Cardiovascular Disease:** Status: Contraindicated Description: Unstable angina, heart failure (NYHA Class

IV), or recent myocardial infarction (within 6 months). Sexual activity may exacerbate cardiac strain. Retinal Disorders: Status: Contraindicated Description: History of retinitis pigmentosa, NAION, or other hereditary retinal degenerative diseases. Serious Cardiovascular Risks Hypotension: Status: High risk in susceptible patients Description: Severe drops in blood pressure may occur in patients with aortic stenosis, hypertrophic cardiomyopathy, or hypovolemia. Hepatotoxicity Status: Use with extreme caution Description: Severe hepatic impairment (Child-Pugh C) significantly reduces sildenafil clearance, increasing risks of toxicity (e.g., prolonged erection, syncope). Priapism Status: Medical emergency Description: Priapism (erection >4 hours) can lead to permanent penile tissue damage. Immediate intervention is required. Higher risk in patients with sickle cell anemia or leukemia. Drug Abuse and Dependency Status: Illegal and dangerous Description: Recreational use or overdose for prolonged erections can cause cardiovascular collapse, stroke, or death.

Dosage

Standard Adult Dosage Initial Dose: 50 mg taken orally as a single dose, 30–60 minutes before sexual activity. Adjustments: Effective & Tolerated: May increase to 100 mg. Side Effects: Reduce to 25 mg if dizziness, headaches, or hypotension occur. Maximum Frequency: Once daily. Do not exceed 100 mg within 24 hours. Special Populations Elderly (65+): Starting Dose: 25 mg to assess tolerance. Renal/Hepatic Impairment: Avoid doses above 50 mg. Hepatic Impairment: Mild to Moderate (Child-Pugh A/B): Max 50 mg daily. Severe (Child-Pugh C): Avoid use. Renal Impairment: Mild to Moderate (eGFR \geq 30 mL/min): No adjustment. Severe (eGFR <30 mL/min): Max 50 mg daily. Administration Guidelines Timing: Effects typically begin within 30–60 minutes and last up to 4–6 hours. Food: Avoid high-fat meals, which may delay absorption. Overdose Symptoms: Severe hypotension, prolonged erection, sudden hearing/vision loss, fainting. Action: Seek emergency care immediately. Supportive measures (e.g., IV fluids) may be required.

Interactions

Drug-Drug Interactions Nitrates (e.g., nitroglycerin, isosorbide) Risk: Life-threatening hypotension. Mechanism: Combined vasodilation from both drugs drastically lowers blood pressure. Action: Absolute contraindication. Avoid use within 24 hours of nitrates. Alpha-Blockers (e.g., tamsulosin, doxazosin) Risk: Severe dizziness or fainting. Mechanism: Additive blood pressure-lowering effects. Action: Separate doses by 4–6 hours; use only under medical supervision. CYP3A4 Inhibitors (e.g., ketoconazole, erythromycin) Risk: Increased sildenafil levels, raising toxicity risks. Mechanism: Inhibit liver enzymes that metabolize sildenafil. Action: Limit dose to 25 mg daily. HIV Protease Inhibitors (e.g., ritonavir) Risk: Prolonged sildenafil effects and side effects. Mechanism: Inhibit CYP3A4, slowing sildenafil clearance. Action: Max dose 25 mg every 48 hours. Other PDE5 Inhibitors (e.g., tadalafil, vardenafil) Risk: Severe hypotension, priapism, or vision changes. Mechanism: Cumulative PDE5 inhibition amplifies risks. Action: Never combine with other ED medications. Drug-Food Interactions High-Fat Meals: Effect: Delays absorption by 1–2 hours. Action: Take on an empty stomach for faster results. Grapefruit Juice: Effect: Increases sildenafil concentration via CYP3A4 inhibition. Action: Avoid excessive consumption. Drug-Alcohol Interaction Risk: Worsened dizziness, headaches, or orthostatic hypotension. Action: Limit alcohol intake during treatment. Herbal Interactions St. John's Wort: Effect: Reduces sildenafil efficacy by accelerating metabolism. Action: Avoid concurrent use.

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Other Details

Appearance Viagra Super Active softgel capsules are amber-colored, oval, and filled with a liquid core. Genuine capsules are imprinted with dosage information (e.g., “50” or “100”) and the manufacturer’s logo. Counterfeit versions may have smudged ink, uneven coloring, or leaks. Storage After Opening Unused Capsules: Keep in the original blister pack at 15–30°C. Avoid puncturing the capsules. Opened Blister Packs: Store in a dry, light-protected container. Use within 6 months of opening. Disposal Guidelines Do not flush or dispose of in household trash. Use pharmacy take-back programs to prevent environmental contamination or accidental ingestion. Lab Test Interference Platelet Function Tests: Sildenafil may temporarily inhibit platelet aggregation, affecting results. Hormonal Assays: No known interference, but inform lab personnel about sildenafil use. Additional Tips Travel Precautions: Carry a prescription copy to avoid legal issues. Do not expose capsules to extreme heat (e.g., car glove compartments). Tamper Checks: Inspect packaging for broken seals, misspelled words, or missing holograms. Authenticity Verification Manufacturer Holograms: Genuine Pfizer products include a holographic seal on the box. Batch Number: Verify the batch number on the manufacturer’s website or via pharmacy verification tools. Liquid Consistency: Squeeze the capsule gently; genuine liquid cores are smooth and uniform (no granules or separation).

References

MedlinePlus. Sildenafil. U.S. National Library of Medicine; 2023. [Updated 15 January 2023]. [Accessed 31 August 2024]. Available from: <https://medlineplus.gov/druginfo/meds/a699015.html> Mayo Clinic. Sildenafil (Oral Route). Mayo Foundation for Medical Education and Research; 2023. [Accessed 31 August 2024]. Available from: <https://www.mayoclinic.org/drugs-supplements/sildenafil-oral-route/description/drg-20066989> Drugs.com. Sildenafil: Uses, Dosage, Side Effects. Drugs.com; 2024. [Updated 10 March 2024]. [Accessed 31 August 2024]. Available from: <https://www.drugs.com/sildenafil.html> WebMD. Sildenafil Oral: Uses, Side Effects, Interactions. WebMD LLC; 2023. [Accessed 31 August 2024]. Available from: <https://www.webmd.com/drugs/2/drug-7418/sildenafil-oral/details>

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