

# iMedix: Your Personal Health Advisor.

## Vit 3

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Search for medical details concerning Vit 3 oral on iMedix including its uses, side effects and safety, interactions, pictures, warnings and user ratings.

- **ActiveIngredient:**
- **DosageForm:**
- **Dosage:**
- **Indications:**
- **Manufacturer:**
- **Storage:**
- **Market Price:**
- **Drug Status:**

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## Description

Side Effects Nausea, stomach upset, diarrhea, or flushing may occur. If any of these effects last or get worse, tell your doctor or pharmacist promptly. Remember that this medication has been prescribed because your doctor has judged that the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects. Tell your doctor right away if you have any serious side effects, including: easy bruising/bleeding. A very serious allergic reaction to this drug is rare. However, get medical help right away if you notice any symptoms of a serious allergic reaction, including: rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing. This is not a complete list of possible side effects. If you notice other effects not listed above, contact your doctor or pharmacist. In the US – Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088 or at [www.fda.gov/medwatch](http://www.fda.gov/medwatch). In Canada – Call your doctor for medical advice about side effects. You may report side effects to Health Canada at 1-866-234-2345. How long does it take for this medicine to take effect? The onset of action for Vitamin D3 supplements can vary depending on the existing vitamin D levels in the body, the dosage, and individual factors such as age, body weight, and gut health. Physiological effects, such as increased calcium absorption and bone metabolism regulation, may begin within days of supplementation; however, significant changes in vitamin D status and related health benefits may take several weeks to months. How long do the effects of this medicine last? Vitamin D is fat-soluble, allowing it to be stored in body fat and released when intake is low. The half-life of Vitamin D3 in the body ranges from weeks to months, contributing to its long-lasting effects. Regular supplementation ensures adequate levels are maintained to support physiological functions. Is it safe to consume alcohol while taking this medicine? Moderate alcohol consumption is unlikely to directly affect the efficacy of Vitamin D3 supplements. However, excessive alcohol intake can have negative impacts on bone health and calcium balance, potentially counteracting the benefits of Vitamin D3. Additionally, chronic alcohol consumption can impair vitamin D metabolism and activation in the liver. Is this a habit forming medicine? Vitamin D3 does not have psychoactive properties and is not considered habit-forming. It does not induce dependency or withdrawal symptoms, as it is a nutrient rather than a drug with abuse potential. Can this medicine be taken during pregnancy? Vitamin D3 is essential for fetal skeletal development and overall maternal health during pregnancy. Adequate Vitamin D levels are important to prevent complications such as gestational diabetes and preeclampsia. However, excessive intake of Vitamin D can lead to hypercalcemia, which may have adverse effects on both the mother and fetus. Supplementing with Vitamin D3 during pregnancy should be

done under medical supervision to ensure doses are within safe and effective ranges. Can this medicine be taken while breast-feeding? Vitamin D is important for nursing mothers and their infants, especially to prevent Vitamin D deficiency and ensure proper bone development. Vitamin D3 supplements can be taken during breastfeeding, and the American Academy of Pediatrics recommends that breastfed infants receive Vitamin D supplementation to ensure adequate levels. The supplementation of Vitamin D3 in nursing mothers should also be managed under healthcare guidance to avoid exceeding recommended levels. Uses This product contains vitamin B12, folic acid, vitamin B6, and omega-3 fatty acids. It is used to treat or prevent a lack of these nutrients during pregnancy or due to poor diet or certain illnesses. Vitamins are important building blocks of the body and help keep you in good health. Women who are or may become pregnant should maintain adequate levels of folic acid through either diet or supplements to prevent spinal cord birth defects. Omega-3 fatty acids are thought to help reduce the risk of heart disease and also to promote healthy skin. Some supplement products have been found to contain possibly harmful impurities/additives. Check with your pharmacist for more details about the brand you use. The FDA has not reviewed this product for safety or effectiveness. Consult your doctor or pharmacist for more details. How to use Vit 3 Take this medication by mouth with or without food as directed by your doctor, usually once daily. If stomach upset occurs, it may help to take this product with food. Use this medication regularly in order to get the most benefit from it. To help you remember, use it at the same time each day. The dosage is based on your medical condition and response to treatment. Precautions Before taking this medication, tell your doctor or pharmacist if you are allergic to any of its ingredients; or to fish or soy products; or if you have any other allergies. This product may contain inactive ingredients, which can cause allergic reactions or other problems. Talk to your pharmacist for more details. Before taking this medication, tell your doctor or pharmacist your medical history, especially of: certain blood disorders (such as pernicious anemia, other anemias). During pregnancy, this medication should be used only when clearly needed. Discuss the risks and benefits with your doctor. This medication passes into breast milk. Consult your doctor before breast-feeding. Overdose If someone has overdosed and has serious symptoms such as passing out or trouble breathing, call 911. Otherwise, call a poison control center right away. US residents can call their local poison control center at 1-800-222-1222. Canada residents can call a provincial poison control center. Do not share this medication with others. Lab and/or medical tests (such as complete blood count, vitamin B12 levels in the blood) may be done while you are taking this medication. Keep all medical and lab appointments. Consult your doctor for more details. Remember that it is best to get your vitamins and minerals from healthy foods. Maintain a well-balanced diet, and follow any dietary guidelines as directed by your doctor. B vitamins, including folic acid, are naturally found in leafy greens, other vegetables, and citrus fruits. Folic acid is also found in enriched grains such as bread, pasta, and cereal. If you miss a dose, take it as soon as you remember. If it is near the time of the next dose, skip the missed dose. Take your next dose at the regular time. Do not double the dose to catch up. Store at room temperature away from light and moisture. Do not store in the bathroom. Keep all medications away from children and pets. Do not flush medications down the toilet or pour them into a drain unless instructed to do so. Properly discard this product when it is expired or no longer needed. Consult your pharmacist or local waste disposal company. Interactions Drug interactions may change how your medications work or increase your risk for serious side effects. This document does not contain all possible drug interactions. Keep a list of all the products you use (including prescription/nonprescription drugs and herbal products) and share it with your doctor and pharmacist. Do not start, stop, or change the dosage of any medicines without your doctor's approval. Some products that may interact with this medication include: certain anti-cancer drugs (altretamine, cisplatin), certain anti-seizure drugs (hydantoins such as phenytoin, ethotoin), chloramphenicol, levodopa (when used without carbidopa), methotrexate, pyrimethamine, other vitamin/nutritional supplements. This product may interfere with certain lab tests (such as intrinsic factor antibodies, certain urobilinogen tests), possibly causing false test results. Make sure lab personnel and all your doctors know you use this product.

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## Side Effects

## Uses

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## Interactions

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## Other Details

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